ABSTRACT OF THE DISCLOSURE

In a method and system for conducting a cooking process in a cooking chamber of a cooking appliance using a cooking process probe which is to be inserted at least partly into an item being cooked in the cooking chamber for detecting at least one variable of the item being cooked, at least at one predetermined point in time, non-insertion of the cooking process probe into the item being cooked is automatically monitored. If non-insertion is detected, at least one of a first warning signal is emitted, a changeover is made to an emergency program, and a cooking program is avoided.

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